

Baptistcare's Pathways Counselling and Family Services  
together with the Baptist Theological College of WA presents

# Know and Grow

This valuable 13 week course is ideal for small group leaders, youth workers, people helpers, children's workers, hospital visitors, or just those who want the skills to relate more effectively with other people.

Learn how to:

- understand people
- communicate more effectively
- improve your listening skills
- understand issues such as anger, grief, guilt and self-esteem
- time track your own personal growth journey

The cost is just \$350. Book five people or more in one booking and we will offer a further 20% discount.

Book now on T 1300 660 640

This course attracts credit points through Baptist Theological College of WA



Founded in 1972, Baptistcare is a community benefit organisation that provides a range of Aged Care, Disability, Mental Health, Counselling and community services across metropolitan and regional Western Australia.